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go nice places, do good things

Thanks for buying an Alpkit Self-Inflating Mat.

When you get your mat open the valve and let the mat self-inflate. Add a couple of breaths then close and store overnight. Next day open the valve and store as normal.

Inflation

Open the valve and allow the mat to inflate naturally. Add a few breaths to add air pressure for the desired level for comfort. Close valve. Your mat is now ready for use.

Deflation

Open the valve, fold the mat into 3 or 4, sit on the mat until all the air is squashed out. Roll from one end towards the valve end. Close the valve and pack.

Storage

All brands of self-inflating mat should be stored the same way. Make sure the mat is stored dry, unrolled, with valve open and full of air. If the mat is stored rolled up then mildew may form on the cover and moisture trapped inside may result in delamination. This is not covered by warranty.

Cleaning

Every now and then to make sure that food, damp and other materials do not degrade the mat. To clean, inflate the mat and close the valve. Wash with techwash and rinse. Leave unrolled to dry, and don't forget to open the valve.

Tips

- * Always check for puncturing hazards under mat area when setting camp (sharp rocks, thorns)
- * Use a ground cloth beneath mat if not sleeping in a tent
- * Its not a flotation device
- * Do not pressurize or inflate with a pump
- * Do not leave in direct sunlight for prolonged periods

3 Year Alpine lite Guarantee

Your mat is warrantied for 3 years against defects in materials or workmanship.

If the mat is found defective under the warranty we will repair or replace it at our discretion free of charge. Mats may be replaced with a fully guaranteed but cosmetically irregular replacement.

Normal wear, puncture, misuse, alteration or abuse is not covered.

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